



# *Insights 2023*

**Counseling & Education Center**



*Our staff, Board, and community have rallied and fully invested in building a mentally well community. I am beyond proud and grateful.*

**Hali Nurnberg, Executive Director  
Counseling & Education Center (CEC)**



*Thanks to YOU,*  
*2023 was a tremendous year for CEC*

**330 Clients Served**  
**4,367 Sessions Provided**

**Significant Grants Enabled**  
**Expansion to Orchard Mesa**

**\$500K ➔ \$2.8M in Asset Growth**

**Hired First Clinical Director**

**Launched New Website**

**Added New Therapists, Interns,**  
**and Board Members**



*Our community is stronger because of your support!*

# Partners 2023

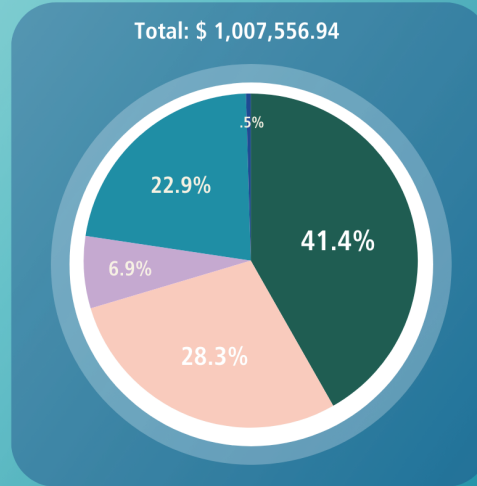
Appleton Clinics  
Colorado Mesa University MSW Program  
Community Impact Council  
Community Shares of Colorado  
Early Learning Ventures  
Epilepsy Foundation of Colorado & Wyoming  
Habitat for Humanity  
Heaven's Little Steps  
HopeWest PACE  
Fixture Studio  
LiveWell Counseling Center, LLC  
Loving Beyond Understanding  
Mesa County Behavioral Health Steering Committee  
Mesa County Suicide Prevention Coalition  
Mesa County Opioid Response Group  
Project 1.27  
Raise the Future  
Rivers Edge Institute  
Sydney Elks, LPC  
Second Wind Fund  
Thrive Marriage & Family Counseling  
Western Colorado Pediatrics  
Western Medical Associates

# Funders 2023

21st Judicial District  
Alpine Bank  
A.V. Hunter Trust  
Colorado Behavioral Health Administration  
Colorado Department of Local Affairs  
Colorado Gives Foundation  
City of Grand Junction  
El Pomar Foundation  
EVERY Individual Donor  
Fraternal Order of Eagles Aerie 595  
Kiwanis Club of Grand Junction  
NextFifty Initiative  
Rocky Mountain Health Foundation  
Rocky Mountain Health Plans  
Rotary Club of Grand Junction  
St. Mary's Regional Hospital  
United Way of Mesa County  
Western Colorado Community Foundation:  
*Anonymous Fund*  
*Brownson Memorial Fund*  
*Bruce Dixon Fund*  
*Helen B. Christensen Howe Fund*  
*McCary Family Fund*  
*Mike & Kay Ferris Family Fund*

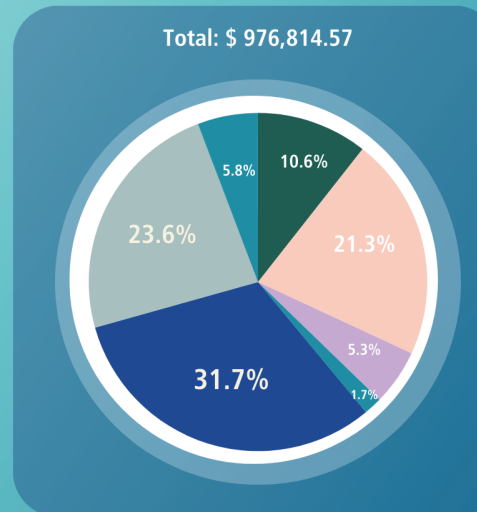
## Income 2023

- Program Revenue**  
\$ 420,955.48
- Grant Revenue**  
\$ 288,207.46
- Gifts & Donations**  
\$ 70,304.94
- Non-program Revenue**  
\$ 223,470.36
- Miscellaneous Revenue**  
\$ 4,618.70



## Expenses 2023

- Program/Therapist Salaries**  
\$ 309,318.62
- Administrative Salaries**  
\$ 230,183.74
- Contract Services**  
\$ 208,355.93
- Operations**  
\$ 103,523.57
- Payroll Taxes & Benefits**  
\$ 56,408.52
- Facilities & Equipment**  
\$ 52,111.61
- Other**  
\$ 16,912.58





# CEC Clients 2023



## Client Demographics

**258**

Adults  
18 & older

**72**

Youth & children  
under 18



## Payment for Services

**62%**

Medicaid

**19%**

Sliding scale,  
no charge, or  
grant-covered



## Client Income

**88%**

Low income,  
less than  
\$75,000/year for  
a family of 4

**63%**

Very low income



## Additional Information

**143**

Clients  
affected by suicide  
or suicidal ideation

**90**

Clients victimized  
by crime

# Board of Directors 2023

We are so thankful for these  
supportive, devoted professionals.

## Values



**Christian Mueller**

*Board President*

**Carol Calacino**

*St. Mary's Regional Hospital*

**Catharine Mudd**

*Board Vice President*

**Danette MacMillan**

*VA Medical Center*

**Holly Webster**

*Board Secretary  
Grand Junction Housing Authority*

**Tonya McFarland**

*Fusion Property Management*

**Sheila Reiner**

*Board Treasurer  
Mesa County*

**Bryan Newman**

*St. Mary's Regional Hospital*

**Shae Lynn Watt**

*Mesa County Public Health*

**Maridel Andres**

*Clinical Psychologist*

**Dave Buchanan**

*Writer/Columnist*

*Thank you for building  
a team and creating a place  
that really gave me a chance  
to find life and hope in  
meaningful, stable ways.*

CEC CLIENT



**We are endlessly grateful for your support  
of the Counseling & Education Center  
and our community's mental health!**

[cecwecare.org](https://cecwecare.org)

970-243-9539